

# Emergency Preparedness Kit

## The Basics

Making sure that you and your family have an emergency preparedness kit ready to grab and go at a moment's notice is essential. Follow the guidelines below on things to pack to make sure you're staying safe during unexpected times.

✓ **Check items off the list** as you collect them for your kit

- Water** (1 gallon per person per day for at least three days)



- Food and can opener** (at least a three-day supply of nonperishable food)



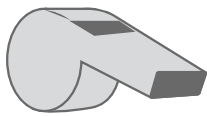
- First-aid Kit**



- Radio** (battery-powered or hand crank) and a NOAA weather radio with tone alert



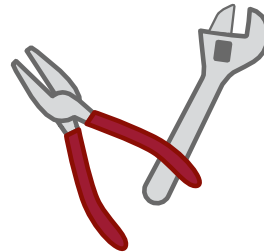
- Whistle**



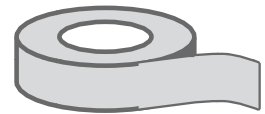
- Flashlight** and extra batteries



- Wrench or pliers**



- Plastic sheeting and duct tape**



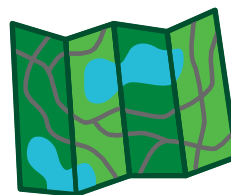
- Moist towelettes, disinfecting wipes and garbage bags**



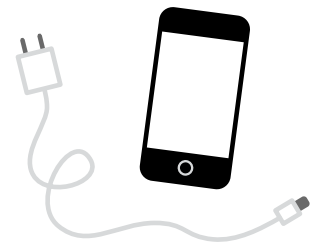
- Dust masks/Face coverings**



- Local maps**



- Cellphone with charger and a backup battery**



## Additional Items to Consider

If you have pets, young children or seniors, what you will need in your kit may look a little different.

- Prescription medications and glasses
- Extra food and water for pets
- Family documents
- Cash and change
- Sleeping bag/warm blanket for each person
- Complete change of clothing for each person
- Matches in a waterproof container
- Feminine personal hygiene supplies
- Mess kits, disposable plates, caps and utensils
- Books, games, puzzles and activities for children

